

# Angel Connection Plan

## Step 1: Choose your practice(s).

Decide how you want to connect with your angels regularly.

(Morning prayers, journaling, meditation, asking for signs.)

## Step 2: Set a frequency.

Will this be a daily, weekly or even monthly practice? Be realistic with what fits your lifestyle.

## Step 3: Involve the Archangels.

Think about which Archangels resonate with your current needs and include them in your plan. For example, if you're seeking healing, invite Archangel Raphael into your meditations and prayers.



